Please read the following rules thoroughly they are for your child’s safety and enjoyment of the class.

1. Club Membership and Insurance

* All gymnasts must have Mayfield GC membership and London Gymnastics membership.
* All gymnasts must have British Gymnastics insurance and membership.

Both of the above are renewable yearly. British Gymnastics send renewal emails directly to parents for the BG membership. Please watch out for these as it is the responsibility of parents to keep up to date.

1. **Parents/Gymnasts/Guardians/Visitors – Please see slight changes to these during Covid19 on New changes information.**
2. Please be punctual and leave time for changing before the class starts.
3. All children must be brought into the Mayfield reception area/changing room and not dropped off in the car park.
4. Parent/escort must register the child/children with the receptionist and then stay with the child until the start of the session.
5. All gymnasts must go to the toilet before the class starts as children 8 years and under are not allowed to leave the gym once the session has started.
6. All gymnasts must wear the correct uniform of the official **MGC leotard** which can be purchased at the club.
7. Long hair must be tied up neat and secure at all times.
8. No jewellery to be worn in the gymnasium – No Exceptions.
9. Please Do not leave valuables in the changing area.
10. No outdoor shoes to be worn in the gymnasium.
11. No refreshments to be brought into the gymnasium.
12. Do not enter the gymnasium training area without a coach being present.
13. Do not work on any apparatus without the coach’s permission.
14. Misbehaviour, rudeness, excessive and unnecessary noise will not be tolerated and offenders will be reprimanded/ asked to leave the gym.
15. As a matter of safety gymnasts are expected to ask permission to leave the gymnasium during a training session.
16. Parents, escorts or friends are not permitted in the gymnasium.
17. Parent/escort must arrive at least 5 minutes before the class ends for pick up.
18. All children must be picked up from the reception area/ changing room by the adult named on the membership form.
19. If you are not able to pick up on time then you must stay in the reception area for the duration of the session.
20. All parents must be contactable by phone when the children are in the class.
21. Please make sure your child knows to come and find a coach/adult if they cannot see the person responsible for collecting them and not to leave the building under any circumstance.
22. Accidents
23. All accidents, however small, must be reported to your coach.
24. Please inform your coach if you have any problem that restricts your training.
25. It is your responsibility as the parent or legal guardian of the member/child to inform Mayfield GC of any medical conditions or injuries that your child (the member) has or had in the past, which may affect their health or safety when participating in classes at Mayfield GC. Please list any medication that your child is currently taking or needs to use whilst at the class. Please update Mayfield GC in the future with any medical conditions or medication needed that arise after joining that may affect your child’s health or safety whilst participating at Mayfield GC.
26. By attending a Mayfield GC class, it is deemed that you authorise the staff of Mayfield GC to affect any first aid required (from qualified first aiders) and to seek treatment for any injury that may occur to your child whilst participating at Mayfield GC. In the event that you cannot be reached, you authorise the paramedic, doctor and/or hospital to perform any necessary emergency treatment.
27. **Risks within the Sport of Gymnastics.**
28. As with all sports and physical activities minor accidents and injuries can occur. Bumps, bruises, strains and sprains are likely, and breaks to bones do occasionally happen, though we make every effort to limit the risks.
29. Due to the nature of the activities and apparatus used (height and motion), we must advise you that the possibility of serious injury does exist.
30. As part of the classes at Mayfield GC, members will participate in vigorous gymnastics based athletic activity. In an effort to make the activities at Mayfield GC as safe as possible, the staff will be appropriately instructed, experienced and qualified to teach the skills on the syllabus.
31. It is vital that the children follow the coach’s skill instructions, training rules and club policies to enable safe training and in order to reduce the possibility of serious injury.
32. The children (members) shall be helped in achieving movements by increasing flexibility and strength, and by physical shaping of their body within their natural ability, by their coaches, under Mayfield’s guidelines and safe training practices.
33. Children will be helped to safely learn skills via appropriate age and ability related progressions. The gymnasts will be physically supported and shaped for safety and skill improvement, to help them reach their full potential in the sport of gymnastics.
34. By attending a Mayfield GC class or bringing your child for attendance at Mayfield GC, it is deemed that you assume and ACCEPT ALL RISKS associated with such participation in the sport of Gymnastics.
35. **Changes and Events or Situations out of our control**

Class times and or day may change during a gymnast’s time at Mayfield GC. This is so that we can cater for class demand and to allow children to be in the most appropriate class for their ability and needs.

Members will move into different classes at different times and or days from the class that they originally join. We will of course do our best to work with you to find classes that suit your family needs, but the gymnast’s developmental needs will come first. We will give reasonable notice of all changes to the class timetables, days and times.

If circumstances that are out of our control force us to cancel a regular published class or have to close the club, we may attempt to offer an alternative class day, time or date to substitute this cancelled class. If you are unable to attend, or we are unable to provide a replacement class a refund will not be applicable.

1. **Data Protection**

Your personal contact information and the member’s personal contact information are held on our central database in compliance with the Data Protection Act 2018 and under GDPR Compliance Laws.

1. **Welfare Officer**

The welfare officer for Mayfield GC is Mary Wright – marylouisewright@btinternet.com

1. **Coronavirus/COVID-19**

The novel coronavirus, COVID-19, has been declared a worldwide pandemic by the World Health Organization. COVID-19 is extremely contagious and is believed to spread mainly from person-to-person contact.

Mayfield GC will follow guidance given by the UK Government and British Gymnastics to put in place preventative measures to reduce the possible spread of COVID-19 within Mayfield GC, its members and coaches. These measures include social distancing, reduction of class sizes and additional hygiene precautions such as regular hand washing and equipment sanitisation. The nature of gymnastics is such that some physical contact for the safety of the gymnast is required from time to time between coaches and members during training or should medical attention be required.

Mayfield GC cannot guarantee that members and their families will not come into contact with COVID-19. Attending any group activity could increase the risk of members and their families coming into contact with COVID-19.

By attending a Mayfield GC class or bringing your child for attendance at Mayfield GC, you ACKNOWLEDGE and ACCEPT the contagious nature of COVID-19. You assume ALL RISKS associated with COVID-19 for your child and other members of your family.

Should your child, or any family member display symptoms of COVID-19, you agree that you will promptly inform Mayfield GC. Further, you and your child will not attend Mayfield GC until your child and your family have completed the required period of self-isolation and/or taken other action recommended by the UK Government.

Parents and children are expected to comply with all the measures put in place.

1. **Instagram**

We now have a Mayfield GC Instagram and we would like to post the gymnasts achievements from time to time. Please do let us know if you **DO NOT** want your daughter to be part of this.

**Finally, please be aware that NO Refunds or Credit Notes will be given once fees are paid for any reason. No Exceptions.** Your place will remain open to you until the end of the current term the fees have paid for. The place will not be refilled if you do not attend. Unless we hear otherwise, we will assume you have decided to leave the club when the fees are not renewed by the current renewal date.